

The Catholic Parishes of Crawford County

May 24th & 25th, 2025

PEACE
I leave with you;
MY PEACE
I give to you

Not as the world
gives do I give it
to you.

Do not let your hearts be
troubled or afraid

John 14:23-29

Mass Schedules:

Holy Cross

Saturday 6:00 p.m. **Sunday 8:00 a.m. & 10:00 a.m.**
Tuesday 8:30 a.m. Wednesday 8:30 a.m. Friday 8:00 a.m.
Mass in Spanish: (every 1st & 3rd Sunday) at 11:30 a.m.

St. Francis Caracciolo

Saturday 4:00 p.m. Thursday 8:00 a.m.

St. Michael

Sunday ~~CANCELLED~~ 8:00 a.m. Tuesday ~~CANCELLED~~ 8:30 a.m.

Parish Office Hours:

Tuesday - Friday 8:00 a.m. - 4 p.m.
Phone: (573) 885-3520 Fax: (573) 885-3501
Address: 415 W. School Ave., Cuba, MO 65453
Email: hcccuba@gmail.com
Web: holycrosscubamo.org

Fr. Anthony (Tony) Onyeihe: (573) 462-6522
aonyeihe@diojeffcity.org

S. Karen Thein SSND: (507) 514-3226

Deacon Rick Vise: (573) 885-3520 rvise@diojeffcity.org

Holy Cross School Office:

Phone: (573) 885-4727
Email: holycrossschoolcuba@gmail.com
Website: www.hcschoolcuba.org
Principal, Melinda Osentoski:
holycross.osentoski@gmail.com

School Advisory Members:

Aminta Abdinova	Mike Kempf
Alan Collins	Christy Moreland
	Kathy Royal

Parish Council Members:

Jim Bathe	Mike Kempf
Jerry Dubbelde	RuthAnn Kuethe
Alice Engelbrecht	Esli Navarro
Joe Howdeshell	Diane McCameron
Don Hudson	Ruth Woodson
Vicky Dunakey	

Finance Council Members:

Larry Howdeshell	Donna Conduitt
Teresa Leicht	

Bishop McKnight's Monthly Prayer Intention:

"For all who have suffered abuse, that they may experience healing and restoration. That we may be ever-vigilant in protecting the vulnerable and ensuring our parishes remain places of safety, love, and respect. We pray to the Lord."



- May 31** – The Visitation of the Blessed Virgin Mary
- June 1** – The Ascension of the Lord
- June 3** – Joint Pastoral and Finance Council Meeting
- June 7** – Altar Society Rummage Sale – 8 a.m. – 2 p.m.
- June 8** – Pentecost Sunday
- June 15** – Holy Trinity
– Father's Day
- June 22** – The Most Holy Body and Blood of Christ (Corpus Christi)
- June 24** – The Nativity of St. John the Baptist
- June 27** – The Most Sacred Heart of Jesus

Mission Statement:

We, the Catholic parishes of Holy Cross, St. Francis, and St. Michael, aware of the intergenerational communities and the various cultures living in our communities, welcome all – no matter where they are on the journey of Faith. We strive to strengthen the communities of Faith by working together through prayer, works of Justice and concern for our neighbors.



Ministry Scheduler Pro

Go to this link to see the schedule:

www.rotundasoftware.com/ministry/HolyCrossCuba

Mass Intentions for 5/26 – 6/1, 2025

- 27 H.C. Tues. 8:30 p.m. - No intention requested
- 28 H.C. Wed. 8:30 a.m. - Lawrence Clark †
- 29 St.F. Thurs. 8:00 a.m. - No intention requested
- 30 H.C. Fri. 8:00 a.m. - **NO MASS**
- 31 St.F. Sat. 4:00 p.m. - Family Knoblanck †
- 31 H.C. Sat. 6:00 p.m. - Jenny Weber †
- 1 H.C. Sun. 8:00 a.m. - Erwin Walter †
- 1 H.C. Sun. 10:00 a.m. - Charles and Evelyn Winkels †
- 1 H.C. Sun. 11:30 a.m. - People of the parish (Mass in Spanish)

Parish Collections: May 17 & 18, 2025

Parish	Envelopes		Loose		Total
Holy Cross	\$3,215.00	+	\$550.00	=	\$3,765.00
St. Michael	\$853.00	+	\$154.00	=	\$1,007.00
St. Francis	\$260.00	+	\$223.00	=	\$483.00



Joyce, Joe Kuenz, Cayden Richards, Mariana Weber, Don and Kaye Robertson, Dustin Drennan, Yazmin Viramontes, Carolyn Horsefield, James Happle Sr., Sandy Mowry, Aiden Leos, James Ray, Norbert Reinsch, Allen Havard, Clayton Miller, Mike Catlett, Kayla Pitts, Merry Cloer, Doug Winn, Chuck Walls.

Adoration: Every Wednesday



Adoration is every Wednesday after Mass to 3 p.m. There are weekly sign-up sheets at Holy Cross. You can sign up online at Ministry Scheduler Pro. *What hour can you be before the Blessed Sacrament?*

What is Faith Formation for Children???

Faith Formation Classes for children are the Church's way of helping you, as parents, educate your children in the Catholic Faith. It helps children develop a strong foundation in their religious beliefs, encouraging them to grow spiritually and participate fully in the life of the Church. Through these classes, children learn about the sacraments, scripture, prayer, and moral values, fostering a lifelong relationship with God and the Church community. Start Date: Late August / Early September Registrar online at form.jotform.com/251415140237143



Flowers for Holy Cross:



If you would like to bring flowers to enhance the liturgical atmosphere in the church, please bring them on Friday or Saturday mornings. For more information, please contact Sister Karen or JoAnn Bayless.



OCIA

Order of Christian Initiation of Adults/Children:

We invite you to think about the OCIA/OCIC process. It is for those who would like to know more about the Catholic Faith. The Inquiry sessions will begin at the end of August. If you know of someone who is searching for a Faith Community, please encourage them to be in touch with Sister Karen or contact the office. If there are children who are 7 years or older and have not been baptized, there is a process that is for the children.

Seven Sisters Apostolate & Fasting Brothers:

Our parish has joined the Seven Sisters Apostolate, a prayer ministry dedicated to spiritually strengthening our priests. In this ministry, seven women each commit to one holy hour of prayer per week, covering one priest in prayer every day. Men can also participate as Fasting Brothers, forming a group of six who each fast one day a week (excluding Sundays) for the same priest. This ministry is part of a national registry overseen by the Diocesan Apostolate. Prayer resources and materials for a prayer book are available on the Seven Sisters website. sevensistersapostolate.org For those interested please call the parish office or talk with Father Tony.



Baby Bottle Boomerangs:

The "Baby Bottle Boomerangs" fundraiser is underway at each parish. If you haven't done so already, please take a bottle (at the entrance of church) and fill it with a donation for the lifeline Pregnancy center in Cuba, Mo. This organization offers: Free Pregnancy Tests, Confidential Peer Counseling, Information on Pregnancy, Abortion Alternatives, Adoption Help, and Parenting Help for a year! The bottles are collected on Father's Day weekend, June 15th.



Congratulations and Welcome:



We welcome into the Church Family **Elias Gladius Baldelobar**. He was baptized Saturday, May 17th at Holy Cross. Elias is the son of Al & Juliet Baldelobar. Congratulations and welcome to the family!

*Whoever loves me will keep
my word, says the Lord,
and my Father will love him
and we will come to him.*

Altar Society Rummage Sale:

The Altar Society Rummage Sale at Holy Cross is **Saturday, June 7th!**

From 8 a.m. – 2 p.m.

Start saving your “stuff” to donate.

Drop-off items June 3rd – 5th.

Daytime Drop-off Hours:

Tuesday - Thursday

9:00 a.m. - 2:00 p.m.

Evening Drop-off Hours:

Tuesday & Thursday 5:00 p.m. - 7:00 p.m.

For more information, call Donna Conduitt

573-259-6957 or Linda Brindza 417-920-3771.



Holy Martyrs Church of Japan:



The Annual Picnic of Holy Martyrs of Japan is on June 8th from 11:00 a.m. – 6:00 p.m. The picnic includes: an “All You Can Eat” chicken or ham dinner (\$15.00 for adults). There is live music, silent auction, kids’ games, raffles and BINGO!!

The Ascension of the Lord (June 1st):

Next week is the Ascension of Our Lord. This day celebrates the day that Christ, in the presence of His apostles, ascended bodily into Heaven.

Jesus and His disciples went to Mount Olives, near Jerusalem. There, Jesus promised His followers that they would soon receive the Holy Spirit, and He instructed them to remain in Jerusalem until the Spirit had come. (This happens on Pentecost)

As Jesus gave them His blessing, He began to ascend into heaven. It is plain from scripture that Jesus' Ascension was a literal, bodily return to heaven. He rose from the ground gradually and visibly, observed by many intent onlookers. As the disciples strained to catch a last glimpse of Jesus, a cloud hid Him from their view, and two angels appeared and promised Christ's return "in just the same way that you have watched Him go".



Secretary Out:



Michelle will be out June 2nd – 5th. During that time, if you have any immediate issues, please contact Father Tony or Sister Karen directly. Also please note, the parish office will be closed Monday, May 26th in observance of Memorial Day.

Parish Hall and Faith Formation Considerations:

With the closing of Holy Cross School, the teachers are packing up their classrooms for the final time. Items personally purchased by teachers over the years will be taken with them, while parish-owned items will remain.



Additionally, many pieces of technology and equipment were purchased through EANS funding (Emergency Assistance to Non-Public Schools), a government program created to support non-public schools during emergencies such as COVID-19. These EANS-funded items—including much of the school’s updated technology—are considered government property and must be returned or made available to other non-public schools. This includes



the Smart Boards in each classroom, which were also utilized by the Faith Formation program to help catechists teach the faith more effectively. Once these are removed, the parish will

need to consider how to replace this technology and other materials that will no longer be available.

As the parish looks ahead, discussions are taking place about how best to use existing resources to support and grow the faith life of the community. One possibility being considered is hiring a **DRE (Director of Religious Education)**. Another consideration could be a **Youth Leader**, who would focus more on outreach for young people. In addition, there is discussion about the need for a **custodian or building coordinator** to ensure the parish hall remains clean and ready for all events and gatherings. No final decisions have been made—these are all ideas in active discussion. Parishioners are encouraged to share their thoughts, suggestions, and prayers as Holy Cross begins this new chapter, committed to nourishing the faith life of the entire community.



Pope Leo XIV: A Call for Unity and Reconciliation

In his inaugural Mass on May 18, Pope Leo XIV began his papacy with a powerful call for a “united Church” and a reconciled world. Addressing the wounds of hatred, violence, and division, he urged the faithful to become a “leaven of unity, communion, and fraternity.” His episcopal motto, inspired by St. Augustine, reminds us: “*In the one Christ, we are one.*”

Read the full story in the May 16 edition of *The Catholic Missourian* or online at catholicmissourianonline.com.

Rummage Sale



Saturday, June 7

8:00 a.m. – 2:00 p.m.

Donation Drop-off Times

June 3 - 5, 2025

**Tuesday – Thursday, 9:00 a.m. – 2:00 p.m.
with evening hours on Tuesday & Thursday,
5:00 p.m. – 7:00 p.m.**

**Please don't leave items on the rectory porch
or anywhere outside the parish hall!**

We are in need of clean and gently-used clothing (all sizes), dishes, pots, pans, linens, jewelry, toys, small tools, household decorations, holiday decorations and small furniture such as tables, chairs, bookcases, chests, etc.

Thank you. Your support enables us to serve the community!

PLEASE HELP US!

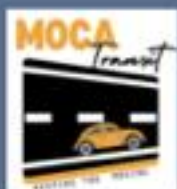
We need volunteers to help with donation acceptance and the sale itself!
Anyone can help!

If you can donate some of your time, or have any questions, please call:

Donna Conduitt 573-259-6957 or Linda Brindza 417-920-3771

At Holy Cross Parish Hall 415 School Ave. Cuba Mo 65453

**Volunteer
Drivers,
Changing
Lives**



**Coming to Crawford in 2025,
Join the Movement !**

Who are we?

Volunteer Coordinator:
Tony Shaw: 573-765-3183 x 131
Becky Bailey 573-765-3183 x 132

MOCA Transit, available through Missouri Ozarks Community Action, provides a volunteer driver network offering door to door transportation for residents of Crawford County, Missouri.

Why we need you?

Looking to make a community impact? Need a sense of purpose? This is a great opportunity to give your time and help families in your community. Volunteer drivers are needed to help individuals get back and forth to their employment, health needs, education, food access, and any other essential travel.



Want to volunteer?

Unlock your mobility potential

- Mileage is reimbursed at \$0.70 per mile
- No special license is needed
- Drive your own car
- Maintain current auto insurance
- All drivers are trained and certified
- Choose your own schedule and availability
- Set your own limits - local or long distance



Volunteer
Your time.
Your Schedule.
Your community.

This project/program is funded in part by \$100,000 with federal funds received from the U.S. Department of Health and Human Services provided by the Missouri Department of Social Services and 40.5% at \$20,000 by other nonfederal sources. The funds received from the Family Support Division are all federally funded. This institution is an equal opportunity provider. Cette institution est un fournisseur de services égalitaires. هذه المؤسسة موفر خدمات متساوية.

Crawford Neighbors – We Need Your Help!

Community participation isn't optional—it's essential. Let's make this a true Crawford County success.

Please share this information with your friends and neighbors!

Together, we make a difference.

Thanks,
**Crawford Working
Together**

*A coalition bringing together
Resource Providers and
Community Members to
make a difference*



**Scan Me to Learn
More**

Faith Forward

Studies show that nearly 80% of young Catholics disengage from their faith after high school—not because they’ve rejected it, but because they were never intentionally connected to a new faith community. The Diocese of Jefferson City is partnering with Newman Connection's Faith Forward movement to connect high school seniors to their campus ministry or military chaplain before they leave home for college or military service. Seniors can sign up for Faith Forward using the quick online form on this page signupnc.newmanministry.com After submitting the form, Newman Connection will connect each senior to their campus ministry using their diverse network of contacts, at no cost to the student. Please help us promote this opportunity to get our Catholic high school seniors involved quickly and easily!

High School Seniors, listen up!

College is a big transition—don't do it alone!

Sign up to connect to your college or military Catholic community **now**, and have a strong support system **before** you arrive.

Fill out the form today!



faith
forward



Travel with Fr. Alexander Gabriel
Pastor of St. Peter Church - Fulton & St. Jude-Thaddeus Church - Mokane
on our JUBILEE 2025: Pilgrimage to Italy & Poland

Where: Rome • San Giovanni Rotondo • Assisi • Krakow
• Auschwitz • Lagiewniki • Czestochowa

Trip Dates: October 26th - November 7th, 2025

Cost: \$5,999.00 - 13 Days - THIS PRICE INCLUDES AIRFARE FROM ANYWHERE IN THE U.S.
For more information and the trip Itinerary visit: <https://tinyurl.com/4kdy2xs4>

To register, please contact (855) 842-8001 or (508) 340-9370
You can also register online at www.proximotravel.com

For any questions or concerns please contact:

Proximo Travel LLC

PO Box 561

Auburn, MA 01501

Phone: (508) 854-8001 | Fax: (508) 854-8003

Email: office@proximotravel.com | Website: www.proximotravel.com

DIOCESE OF JEFFERSON CITY

SUMMER CAMPS



Camp Siena
FOR YOUNG WOMEN



Camp Lolek
FOR JUNIOR HIGH



Camp Maccabee
FOR YOUNG MEN



P23 Camp

Camp P23 is an overnight summer camp for junior high boys that pulls from Psalm 23 in looking at Christ and his priests through the identity of a shepherd.

Over 3 days/2 nights at this outdoor-focused experience, campers join small groups led by seminarians and participate in games, prayer, and activities that promote openness to the priestly vocation. Learn more at: diojeffcity.org/camp-p23/



P23 DISCERNMENT CAMP

An epic vocation camp for junior high guys based on Psalm 23

June 26-28 — Shelbina
July 9-11 — Camdenton



DIOCESE OF
Jefferson City



diojeffcity.org/camp-p23



<p>Joyful community & faith</p>  <p>Camp Lolek FOR JUNIOR HIGH</p> <p>Boys: June 8-12 Girls: June 15-19</p>	<p>Adventure Sisterhood Brotherhood Leadership</p>  <p>Camp Maccabee FOR YOUNG MEN July 2025</p>  <p>Camp Siena FOR YOUNG WOMEN July 2025</p> <p>finalized dates for Maccabee and Siena will be announced at end of month REGISTRATION OPENS JANUARY 31</p>
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 DIOCESE OF
Jefferson City

[DIOJEFFCITY.ORG/YOUTH-CAMPS](https://diojeffcity.org/youth-camps)

2025 SHROUD *of* TURIN CONFERENCE & SYMPOSIUM

Day Passes and Group Discounts Available
Register Now~Space is Limited!

Shroud2025Conference.com

**JULY 30-
AUGUST 3**

Exclusive Exhibit &
over 30 Renowned Shroud
Speakers, Including:



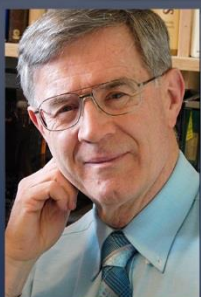
FATHER DALTON



RUSS BREAUT



JEREMIAH
JOHNSTON



BOB RUCKER



SEECTM

SHROUD EDUCATIONAL
ENDEAVORS CORPORATION

The 2025 Shroud Conference and Symposium, sponsored by the Shroud Educational Endeavors Corporation, features a wide range of scientific presentations. Speakers include renowned scientists, historians, theologians, and scholars who will share their insights and discoveries related to the Shroud of Turin.

TAKING PLACE AT

THE AUGUSTINE INSTITUTE

16805 New Halls Ferry Road,
St Louis, MO 63034





Young Adult Pilgrimage to Uganda

JANUARY 2026

Young Adults (18-35) will have an opportunity to immerse in a different culture that practices the same Catholic faith.



Cost

\$2000
includes flights,
ground travel,
security, housing
and some meals



More Info



Apply Today

Application &
Interview due
by April 30, 2025



DIOCESE OF
Jefferson City

diojeffcity.org/young-adult-pilgrimage/

Are you new to the Parish?

If you are new to the parish, please call the office at 573-885-3520 to register or stop by so we can meet you!

Has your information changed?

If you have moved, disconnected your home phone and only use a cell, or have any other household changes, please let us know so we can update our records.

Remember – if you don't tell us – we won't know!

Mass Intentions

FOR THE WEEK



If you would like to have a Mass said, the suggested amount for the stipend is \$10. Call the office to schedule a Mass Intention, or put your stipend in an envelope with the following Information:

- Your name & phone number
- Who the Mass is for
- If they are deceased
- Specific date (if any) please specify if the intention can be on a weekday or not.

Anointing of the Sick:

It is important to seek the sacraments of the Anointing of the Sick and Reconciliation prior to going to the hospital, when you are sick, or nearing death. Contact the office or Father for to schedule a time for the sacrament.



Homebound: If you would like to minister to the homebound by visiting them and bringing them Communion, please contact S. Karen 507-514-3226.

Yoga Class on Tuesdays Offered at Holy Cross:



For a small fee, Yoga Class offered on Tuesdays at HC from 5:30 - 6:30 p.m. For more information, contact Diane 314-578-1132 or Donna 573-259-6957.

"Heavenly Cleaner" Volunteers – Please Help:

Holy Cross has a group of volunteers called "Heavenly Cleaners" that clean the church each week. They are divided into teams of 2. Each team cleans the church once a month. The team is asked to freshen up the bathrooms, vacuum the floor, dust, take out trash, and sanitize. If you would be interested in helping with this ministry of the church, please call the parish office.



ASSISTIVE
LISTENING
SYSTEMS
AVAILABLE



Remove from charging station.

The On button is on the top

Volume Control is on the front.

After Mass, wipe off unit and return to charging station.



Misa en español

CADA 1° Y 3° DOMINGO DEL MES.
MASS IN SPANISH IS EVERY 1ST & 3RD
SUNDAY OF THE MONTH

Cemetery/ Columbarium:

Many people feel it can be a great help to their grieving family members if the desires of the deceased were planned by him/herself before the time of death. Whether cremation or burial is chosen, consider Holy Cross as yours or your loved one's final resting place. Many people are not aware that the proper practice for cremation is to place the cremains in the columbarium or bury them in the cemetery. If members of our community have the cremains of a loved one in their home, or another place other than the cemetery, they should make arrangements to give their loved ones a place to rest in the columbarium or cemetery with the proper prayers of interment.



Holy Cross Catholic Cemetery plots/niches are available whether burial or cremation is your choice. Contact Louis Raineri 573-259-8920 or the parish office for more information. Sacred Heart in Leasburg and Mount Calvary in Bourbon.

Baptisms & Weddings:



If you are planning a Baptism, there is a preparation class. Please speak with Sister Karen to schedule. If you are planning a wedding, please contact Father Tony. There is a preparation that needs to be done 6 months prior to the wedding.



Funeral Dinners:



If you are interested in helping with the funeral dinners, please call the office. You will be called upon when a funeral dinner is requested. Help with bringing food, set up, or clean up! Please consider this ministry of the church so we can provide for our grieving families.

FlockNote 
Keep in touch with us
VIA EMAIL AND TEXT MESSAGE
Text: **crawfordcounty**
To: **84576**
OR online at: **HCross.flocknote.com**

Ways to Save for the Parishes:

- Turn in used **ink cartridges**. Given to Staples to recycle, the school receives \$2 for each cartridge, up to \$40 a month!
- Turn in **Best Choice UPC codes** found on the labels. Each UPC code is redeemable for 3¢ cents each.



(Both St. Michael and Holy Cross Save Best Choice UPC Codes) Please deposit your Best Choice UPC codes and ink cartridges in the collection box in the church entrance or bring to the parish office.



CubaKofC Membership Invite:



The Cuba Knights of Columbus covers all of Crawford County. CubaKofC is in search of new members to help our order grow and maintain its position as the strong right hand of the Church and service to the community of Crawford County.

CubaKofC consists of the men and women volunteers. The Knights of Columbus Chapter 8920 and the Ladies Auxiliary 8920. These men and women's service helps many local organizations and individuals in need. CubaKofC helps the parishes of Crawford County and community organizations such as the food pantries, Special Olympics, and prolife organizations, as well provides community wide events such as the Kids Christmas Party.

This is a personal invitation to all men and women of our parish to come and join our CubaKofC service community. In our busy lives many people do not think they have time to add another activity. However, your commitment is to do what you can. Maybe it is helping with just one event, attending our monthly dinner social and business meeting, or helping with our Bingo fundraiser. The choice is yours, but many hands will make light work.

Help us Help Others in our parishes, school and community by inquiring into Cuba Knights of Columbus, please join us. You won't regret it. For Further information on how to join please contact District Deputy Louis Raineri at 573-259-8920 or louisraineri8920@gmail.com or Grand Wayne Kuethe.



MAY 2025 BINGO NEWS

Thursday Nights @ 6:15 p.m. (doors open at 4)

PROGRESSIVES ~ The **First Progressive** is at \$4,000.00 with 6 wild balls and a consolation of \$300.00. The **Second Progressive** will be played out and pay \$500.00, \$750.00 or \$1,000.00.

QUEEN OF HEARTS ~ Just started over after a winner of \$10,100.00.

RAFFLE ~ Every week at Bingo - you take the prizes home that night!!!!

MATCH ONE OF THESE ~ Bring your tally sheet from the previous week. Win a free gas card.

Numbers are: **185533, 185590, 185613 and 185618.**



Altar Society meets every 2nd Thursday of the month at the Holy Cross Parish Hall. This organization coordinates and works on fundraising events that support our parish, school and youth group. They also help supply the liturgical needs of the parishes. All are welcome to attend and join! Please contact Christy Moreland for more information.

QUILTING GROUP

EVERY TUESDAY

9:00 A.M. - 12:00 P.M.

AT ST. MICHAEL'S

Starting Tuesday, January 7th,

from 9 a.m. to 12 p.m.,

the group will gather at the

Golden Echoes Center

(401 N. Spring St., Steelville).

They will continue meeting there every Tuesday until St. Michael's Church renovations are complete.

All are welcome to join and help make quilts for those in need!



Pray For Our New Pope

Pope Leo XIV

We pray that Pope Leo XIV be strengthened in his ministry. May he continue building bridges that connect us to one another. May he be an example of faith, hope and love. We pray that you give him joy in his work and a renewed fervor for your Gospel message.

Are you VIRTUS certified?

Do you have your background check completed?

Have you signed the Code of Conduct?

If you are not sure, or answered “no” to any of these questions, let us know!

Call or email Michelle in the office to find out if you are VIRTUS compliant! 573-885-3520 or hcccuba@gmail.com

All volunteers and all school parents (both parents) must to be VIRTUS compliant prior to volunteering or your child starting school.

Please help us, keep our children safe. The training provides us the knowledge on how to recognize signs of abuse and what to do if we suspect abuse happening. If we ALL are certified and have the training, the likelihood of a child being harmed is greatly reduced.

Call the office if you would like to have an in-person VIRTUS class, or go to www.virtusonline.org to register and take the 2-hour class online.

If you or a family member have experienced abused in the past, please contact our victim assistance coordinator through the Diocese, Jacqueline Baldwin at 573-694-3199.

KEEPING OUR PROMISE
TO PROTECT
Child and Youth Protection



Breaking the Silence of Abuse:

As a diocese, we are committed to breaking the silence of abuse. When someone is reporting abuse, we must



acknowledge their pain and how difficult it is to talk about it. False allegations are very rare. Our initial response to someone who is disclosing abuse for the first time must be compassionate. For those who need to report abuse, encourage them to contact our Victims Assistance Coordinator, Jacqueline Baldwin, (573-694-3199) and to make use of the appropriate State of Missouri hotline (1-800-392-3738) or the [Attorney General's clergy abuse online form](#). All of this information is also on our website, under the 'report abuse' tab. For those who want information, or want you to convey a message to Bishop McKnight, please encourage them to write to us at reportabuse@diojeffcity.org.



Need Support Now? If you or someone you know is struggling or in crisis, help is available. Call or text 988 or chat 988lifeline.org.

Online Counseling Services:

Catholic Charities Counseling services is now providing professional in-person and online therapy across the Diocese of Jefferson City. To learn more simply visit cccnmo.diojeffcity.org/counseling



Service Opportunity in Our Community:

Drivers are needed to drive veterans to the VA hospital in Columbia MO. The local DAV (Disabled American Veterans) have the vehicles. Drivers do not have to be veterans. This is unpaid. You do get free meals! Call 885-1390 or 885-3680 to volunteer or for more info. Veterans needing a ride, call 885-1390 to schedule.



Ministerial Alliances and the Food Pantries:

In Cuba, the Cuba Ministerial Alliance (CMA) “runs” the food bank and cooperates with the Life Line Pregnancy Center.

Holy Cross has a St. Martin De Porres envelope to help the poor. The monies collected from this fund help support the Cuba Food pantry.

Crawford Country Mobile Food Market

3rd Thursday of each month

Begins at 10:30 a.m. at the Cuba Food Pantry

Local Food Pantry Hours:

Cuba: (573-885-6703)

Thursdays 8:00 a.m. – 11:30 p.m. & 3:30 p.m. – 6:00 p.m.

Fridays 8:00 a.m. – 11:30 p.m.

Steelville: (573-775-4827)

Last 2 Tuesdays of the month hours: 2-4 p.m.

Bourbon: (573-732-4888)

Saturday 9-12pm.

Thrift shop: Mon. Tues. & Thur. 9-4p.m. and Sat. 9-12p.m.

Feed the Hungry:

Our Local food banks are in need of food. The cost of food has gone up! To help, there is a “food basket” in the entryways of our churches. Please bring nonperishable food items and place them in the baskets. The food items will be sent to the 3 food pantries in our three towns.



Jefferson City Diocesan Women's Ministry:

The Women's Ministry of Jefferson City was established to help the women of our diocese connect with each other so that we can support each other in our spiritual journeys. We find inspiration and comfort in praying with each other, in talking with each other, and in sharing the stories of our faith journeys.



<https://diojeffcity.org/womens-ministry/>

For opportunities to get involved in the ministry, please contact Barb Prasad, Director of Women's Ministry at bprasad@diojeffcity.org or (573) 635-9127 ext. 222

"Like" the Women's Ministry page on Facebook to keep up with events and news, and to get to know women in your parish and deanery.

www.facebook.com/profile.php?id=100070216385915



"Have no anxiety at all, but in everything, by prayer and petition, with thanksgiving, make your request known to God." Philippians 4:6



The God Minute is a short, daily Christian prayer that includes peaceful music, scripture and a reflection to bless your day with the Lord. It's only 10 minutes. Take a few God Minutes each morning and see how your day rises in abundance. A Catholic devotional by the Congregation of the Mission - the Vincentians.

<https://www.thegodminute.org/wix-podcast-player>

Please Listen to the Diocese of Jefferson City Podcast.



Prayer is how we orientate ourselves as stewards of God's gifts. In this month's podcast, we continue our discussion with Fr. Stephen Jones



about the Four Pillars of Stewardship. These series are designed to help us deepen our understanding of the Spirituality of Stewardship as we approach the Catholic Stewardship Renewal in **October**. Listen to the podcast at <https://diojeffcity.org/podcast/> or use the QR code above.

Propane Offer:

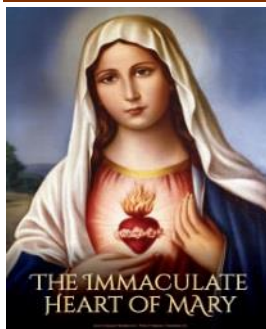
Boland Energy Boland is willing to offer employees and parishioners the **fixed rate of \$1.69**. This fixed rate will expire May 31, 2025. The only stipulations are: the delivery must be a minimum of 250 gallons delivered at a time and customers must own their tank. If you would like to partake in this offer, please call Boland Energy at: 636-239-9400 and tell them the code word "Holy Cross".



The Nicene Creed

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.
For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

Prayer to the Immaculate heart of Mary:



O Immaculate Heart of Mary, we entrust ourselves to you, Health of the Sick. At the foot of the Cross, you participated in Jesus' pain, with steadfast faith. Patroness of the Diocese of Jefferson City, you know what we need. We are certain of the power of your intercession, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial. Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us: He who taught us to "love one another, as I have loved you" took our sufferings upon Himself and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Bring under your mantle of protection all who provide care for the sick and minister to their needs, as your Son implores us to do for one another. **V.** We seek refuge under your protection, O Holy Mother of God. **R.** Do not despise our pleas and deliver us from every danger, O glorious and blessed Virgin. Amen.

FOR YOUR MARRIAGE

Preparing for a Great Marriage:

The Catholic Church teaches that marriage is a covenant, a contract and a bond between a man and a woman that forms a partnership for life. The marriage bond is a unique and exclusive relationship between husband and wife for the sanctification of the couple and for the procreation and Christ-centered nurturing of children in a family.

The family, with its foundation in marriage, is a fundamental unit of the Church. Marriage is also a basic social institution of human society. Marital love is at the service of the couple, the children, the community, and of the world. Because of its timeless importance, the Church teaches that marriage between two baptized Christians is a sacrament, a source of grace and a sign of God's love for the world.

Every sacrament needs preparation for its fruitful celebration. The Church wants to ensure that those entering the life-long commitment of marriage are adequately prepared for the riches and the responsibilities that are intrinsic to it. This is why the Diocese of Jefferson City has a policy for marriage preparation. It is not to make the couple "check the boxes" or "jump through hoops." In her efforts of remote, proximate and immediate preparation, the Church is not trying to make it more difficult to get married, but rather provide the best opportunity for equipping the couple to live a shared life of love, compassion and nurturing grace.

Marriage Resources:

Marriage preparation – USCCB –

www.usccb.org/topics/marriage-and-family-life-ministries/marriage-preparation

Marriage & Family Life –

www.archstl.org/marriage-family-life/resources/sexuality

Natural Family Planning - www.diojeffcity.org/natural-family-planning-2/

Pre-Marriage Inventory © is a comprehensive, user-friendly tool for lay individuals, couples or professionals who are helping couples prepare for marriage, and who become trained as FOCCUS Facilitators.

www.foccusinc.com/foccus-inventory.aspx

Prepare/Enrich provides training for premarital counseling, coaching, and education, investments in your couples' futures. www.prepare-enrich.com

Pre-Cana is one component of the marriage preparation options available to couples that are considering marriage within the Catholic Church. The conference itself consists of presentations by couples and individuals on topics that are as practical as well as a spiritual nature. www.diojeffcity.org/marriage-preparation/pre-cana-registration/





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