

The Catholic Parishes of Crawford County

March 16th & 17th, 2024

Fifth Sunday of Lent

Jesus said, "What should I say?
'Father, save me from this hour'?
But it was for this purpose that I came to this hour.
Father, glorify your name."

Then a voice came from heaven,

I have glorified it and I will glorify it again

Unless a grain of wheat falls to the ground
and dies,
it remains just a grain of wheat;
but if it dies, it produces much fruit.

Mass Schedules:

Holy Cross

Saturday 6:00 p.m. Sunday 10:00 a.m.
Wednesday 8:30 a.m. Friday 8:00 a.m.
Mass in Spanish: (every 1st & 3rd Sunday) at 11:30 a.m.

St. Francis Caracciolo

Saturday 4:00 p.m. Thursday 8:00 a.m.

St. Michael

Sunday 8:00 a.m. Tuesday 8:00 a.m.

Parish Office Hours:

Tuesday – Friday 8:00 a.m. – 4 p.m.

Phone: (573) 885-3520

Address: 415 W. School Ave., Cuba, MO 65453

Fax: (573) 885-3501

Email: hcccccuba@gmail.com

Web: holycrosscubamo.org

Holy Cross School Office:

Phone: (573) 885-4727

Email: holycrossschoolcuba@gmail.com

Principal, Melinda Osentoski:

holycross.osentoski@gmail.com

Fr. Anthony (Tony) Onyeihe:

(573) 462-6522 aonyeihe@diojeffcity.org

S. Karen Thein SSND:

(507) 514-3226

Parish Council Members:

Jim Bathe	Mike Kempf
Jerry Dubbelde	RuthAnn Kuethe
Alice Engelbrecht	Esli Navarro
Joe Howdeshell	Diane McCameron
Don Hudson	Ruth Woodson

Finance Council Members:

Larry Howdeshell	Donna Conduitt
Teresa Leicht	Randy Baker

School Advisory Council Members:

Aminta Abdinova	Mike Kempf
Alan Collins	Christy Moreland
Deborah Dicus	Kathy Royal

Bishop McKnight's Monthly Prayer Intention:

"For those preparing for reception of
the Easter sacraments this year; may our
whole Church be renewed and invigorated
by the celebrations of Baptism,
Confirmation and
First Holy Communion."



- March 17** – Feast of Saint Patrick
- March 19** – Feast of Saint Joseph
- March 19** – Spring Begins (because it's Leap Year)
- March 24** – Palm Sunday
- March 25** – The Annunciation
- March 25** – CMA Blood Drive @ Recklein 1:30 p.m. to 5:30 p.m.
- March 31** – Easter Sunday St. M 8 a.m. and H.C. 10:00 a.m.
- April 9** – Finance Council Meeting 6:30 p.m.
- April 16** – Pastoral Council Meeting 6:30 p.m.
- April 21** – First Communion - Good Shepherd Sunday

Mission Statement:

We, the Catholic parishes of Holy Cross, St. Francis, and St. Michael, aware of the intergenerational communities and the various cultures living in our communities, welcome all – no matter where they are on the journey of Faith. We strive to strengthen the communities of Faith by working together through prayer, works of Justice and concern for our neighbors.



Ministry Scheduler Pro

Go to this link to see the schedule:

www.rotundasoftware.com/ministry/HolyCrossCuba

Mass Intentions for 3/18 – 3/24, 2024

- 19 St.M. Tues. 8:30 a.m. - Lil Collins
- 20 H.C. Wed. 8:30 a.m. - Mary Kage †
- 21 St.F. Thurs. 8:00 a.m. - No intention requested
- 22 H.C. Fri. 8:00 a.m. - MaryAnn Malchow †
- 23 St.F. Sat. 4:00 p.m. - Ben Sommo †
- 23 H.C. Sat. 6:00 p.m. - Marilyn Dubold †
- 24 St.M. Sun. 8:00 a.m. - People of the parish
- 24 H.C. Sun. 10:00 a.m. - Mike Dunakey †

Parish Collections: March 9 & 10, 2024

Parish	Envelopes		Loose		Total
Holy Cross	\$2,671.00	+	\$620.00	=	\$3,291.00
St. Michael	\$670.00	+	\$212.00	=	\$882.00
St. Francis	\$370.00	+	\$125.00	=	\$495.00



Nikki & Al Smith, Mary Happle, Sandy Mowry, Earl Vincent, Joann Mullen, Charlie & Julie Coster, Stanley Griggs, Kathryn Phillips, Carolyn Horsefield, Joann Brewer, Helen Crombie, Joe Kuenz, Lois Stubberfield, Helen Mansfield, Eugene Kempf, Joe Southard, Joe Skyles, John Moriarity.

From the Gospel Reading of John 12:20-33:

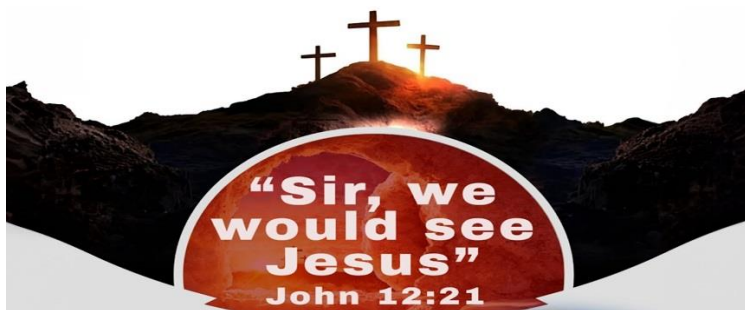
Some Greeks who had come to worship at the Passover Feast came to Philip, who was from Bethsaida in Galilee, and asked him, "Sir, we would like to see Jesus."

Reflection:

Jesus and his disciples hadn't preached to these Greeks. They didn't proselytize them; they came of their own free will. What was the attraction? They and we are attracted by the One who, in His hour, is a completely faithful servant to God, who shows total generosity, willing to give up everything for us, without holding back anything in reserve.

So, we ask ourselves:

- How have we benefited from the sacrifices others have made on our behalf?
- What sacrifices are we being asked to make for the wellbeing of others?
- How have we experienced the fruits of these sacrifices in our own lives?



Faith Formation:



Classes are Wednesdays 5:30 – 6:30 p.m.

Future Dates for Faith Formation:

March 20	NO Class March 27	
April 3	April 10	April 17

First Eucharist:



First Communion is April 21st, Good Shepherd Sunday, at the 10 a.m. Mass at Holy Cross! Please notice the pictures of the children in each of the parishes.

Easter Flower Donation:



Please turn in your Easter Flower donation so it can be published in the bulletin. Use your envelope provided or put it in a marked envelope.

Blessed Palms - Collected:



A basket is placed in the back of church now through Lent to collect blessed palms for burning.

Stations of the Cross are:



Fridays: 2:30 p.m. Holy Cross with school.

Fridays: 7:00 p.m. Holy Cross (in Spanish)

Saturdays: St. Francis after 4 p.m. Mass

Saturdays: Holy Cross after 6 p.m. Mass

Sundays: St. Michael after 8 a.m. Mass

Sundays: Holy Cross after 10 a.m. Mass

Adult Confirmation Sessions:



If you are an adult and have not received the sacrament of **Confirmation, First Holy Communion or Baptism**, please contact Sister Karen, call the office, or **Register online**

at: <https://form.jotform.com/231804591212146>

St. Francis Cemetery Board:



St. Francis is looking for volunteers to serve on the St Francis Cemetery board. There is minimal involvement for the board members.

The only qualification is: members must be a member of St. Francis Church or be a relative of someone buried in either cemetery. If interested or have questions, call Ken Schroeder, 314-378-1373.

Cuba Knights of Columbus Scholarships



The Knights of Columbus Scholarships are available. Applications are at the entrance ways of the churches. Applications **MUST** be returned by **April 15th**. Mail the finished application to the Knights of Columbus or bring to the parish office.

Fish Fries from February 16 – March 22:



Sign-up to help work! Sign-up sheets are in the back of parishes, or use the QR code to sign-up! Pick a date (or dates) and the time you want to help. When you arrive, ask Norma in the kitchen where you are needed.

Fish Fry Results – Week 4:

Last Friday, March 8th there were 441 dinners sold.

Phone & Fire Alarm System:

The Phone and Fire Alarm system needs to be updated at the Parish Hall/School at Holy Cross. Anyone who has experience with alarm/phone systems and would like to help form a committee to look at options can contact Michelle or call the school office. Those on the committee will contact companies and get/review bids. Then the bids/information can be presented to the councils. (Anyone can help, not just parishioners, so if you know of someone, please reach out to them and ask them to consider helping!)



Chrism Mass at Jefferson City:



All are invited to the Chrism Mass at the Cathedral Church on **Thursday, March 26th at 3 p.m.** Refreshments will be available in Cana Hall after the Chrism Mass, RSVP at: <https://diojeffcity.org/chrism-mass-rsvp/>

Mace's Receipts – Best Choice Labels – Ink Cartridges:



Keep shopping at Mace Supermarket and send your receipts dated 9/1/23-3/31/24 to Holy Cross School. The school can get much needed educational equipment and supplies

Each \$1 spent the school is awarded points to purchase items for the school! **Please turn in your Mace's Receipts by April 2nd.**

Don't forget to also turn in your empty ink cartridges too AND your best Choice UPC labels. Both of these fundraisers last year round!



Enrollment is open for Holy Cross School the 2024-2025 school year. The school is accepting children ages 3-years-old to 2nd grade.



The school is also looking for a Preschool teacher and 2 part-time Aides. If interested in the school for your child or about employment, please contact Melinda Osentoski at

holycross.osentoski@gmail.com



**WE ARE HIRING
Preschool Teacher
2 Preschool Aides**

For more information, please contact Melinda Osentoski at holycross.osentoski@gmail.com.

Safety Upgrades:



Those that need to enter into the parish hall will need to have a personal code to enter the building. If you have a parish hall key, and will need access to the building please call the office so we can add you to the list of people who need a code.

Easter Choir Singers Needed!

We need the help of our singing parishioners to put our worship into song for Holy Week. Please join the choir at Holy Cross for rehearsals every Monday evening at 4:30 p.m. for the next three Mondays to practice for Holy Week. If you are unable to attend the practice, another option is to call or email the office and sign up with your email to receive the music for each service of Holy Week. This way, if you can't make the rehearsals, you can practice at home and then join us for all the services you are able. All are welcome!



Palm Sunday

Sunday before Easter. Celebration of Jesus' Triumphant entry to Jerusalem. Palms are given and hear the Passion of Christ be retold.



Holy Thursday

Commemorates the Last Supper, when Jesus established the sacrament of Holy Eucharist. There will be Adoration of the Blessed Sacrament until 10:00 p.m. at the parish hall.



Good Friday

Service is at 7:00 p.m.
We reflect on Christ's sacrifice, His Passion, and His forgiveness. There is Veneration of the Cross and the reception of Communion.



Holy Saturday

Holy Saturday (the Easter Vigil) begins at 8:00 p.m. The vigil is a remembrance how dark the world is without Jesus, Christ's burial in the tomb. We prepare, reflect, and anticipate the resurrection of Christ.



Easter Sunday

Hallelujah Christ has risen! This day we celebrate the resurrection of Jesus. Sing hallelujahs and celebrate with great joy.
Mass at St. Michael 8:00 a.m. &
Holy Cross 10:00 a.m.



2024 Lenten Regulations:

Abstinence: Those 14 years and over are bound to abstain from meat on Ash Wednesday, all Fridays of Lent and Good Friday.

Fasting: Everyone ages 18 - 59, are bound to fast on Ash Wednesday and Good Friday. Fasting is generally understood to mean eating only one full meal each day. Two other partial meals, sufficient to maintain strength, may be taken; but together they should not equal another full meal. (Other recommended forms of fasting, could include limiting alcoholic drink, needless television, video games, internet use, and social entertainment.)

Almsgiving is the act of giving to the poor. Catholics are encouraged to support generously the charitable works of the whole Church.

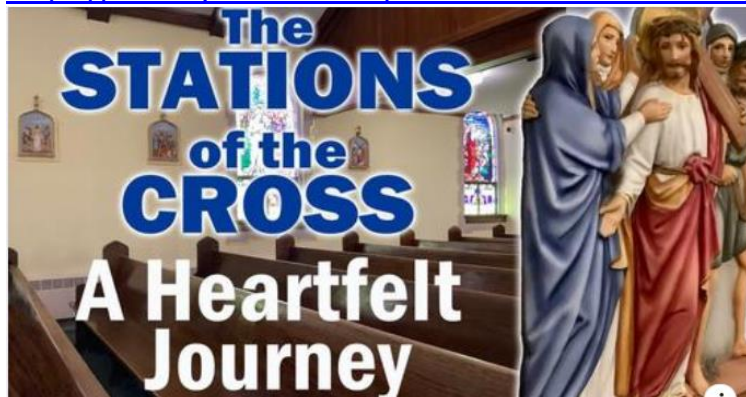
Prayer is in order to deepen one's love for Christ, all are urged to attending daily Mass and frequenting the Sacrament of Penance / Reconciliation.

Stations of the Cross:

One of our parishioners created a Stations of the Cross using Holy Cross Church! It is creatively made and is wonderful to use when praying the Stations at home.

Please check it out here:

<https://www.youtube.com/watch?v=WrpEUaNb5LQ>



Did you know about the number "40"???

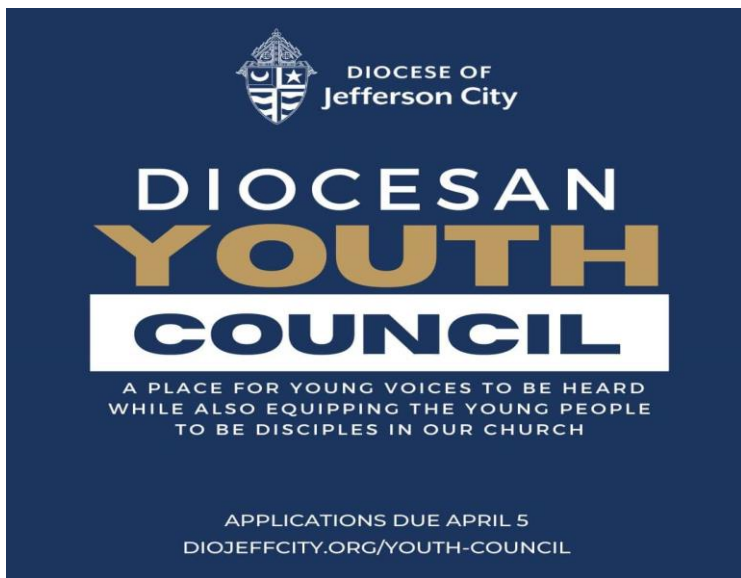
- Lent consists of the 40 days preceding Easter.
- 40 days of rain, at the time of the Great Flood
- Noah sending forth the raven after 40 days
- 40 days was the time required for embalming
- Moses spent three consecutive periods of "forty days and forty nights" on Mount Sinai: 40 days of fasting by Moses
- Goliath challenged the Israelites for forty days before David defeated him
- The prophet Elijah had to walk 40 days and 40 nights before arriving to mount Horeb
- Spies were sent by Moses to explore the land of Canaan (promised to the children of Israel) for "forty days"
- Nineveh would be overthrown after 40 days
- 40 is the symbolism of the siege and exiles
- Israelites wandering in the wilderness for 40 years
- 40 years of peace in Israel
- 40 days Jesus spent in the wilderness being tempted by the devil.
- Christ appears for 40 days after the Resurrection -40 days was the period from the Resurrection of Jesus to the Ascension of Jesus.



A Lenten Prayer:



During this Lenten season, create a clean heart in me, God. Dust off the unmindful activity that constantly collects there. De-clutter my heart from harsh judgments and negativity. Wash away my resistance to working through difficult relationships. Rinse off my unloving so the beauty of my generous and kind heart can shine forth. Remove whatever keeps me from following in your compassionate footsteps. Amen.



The Dioceses is excited to introduce a Diocesan Youth Council which was established by Bishop McKnight on Friday, February 16, 2024.

The vision for the Diocesan Youth Council is based off Christus Vivit, allowing for a place for young voices to be heard while also equipping the young people to be disciples in our Church.

Qualifications to Serve on the Council

A person must meet the following requirements:

- Be a Catholic in full communion with the Catholic Church
- Received all the sacraments of initiation and be an active steward of the parish
- Must be outstanding in firm faith, good morals, and prudence
- High school student at the time of their application and can commit to at least 1 term (2 years)
- (preferred) Active or previous leadership experience in their parish and/or institution

Expectations of Members

A member of the council is required to commit to the following:

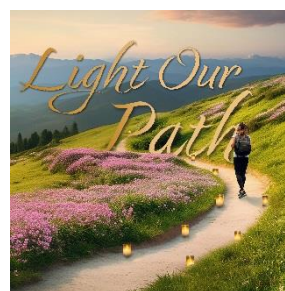
- Attend quarterly meetings in person at the chancery building in Jefferson City. Meetings are always on Saturdays.
 - The first Diocesan Youth Council meeting will be May 11 from 9am-2:30pm. This will include a morning of recollection.
- Attend a yearly leadership retreat with the Diocesan Youth Council.
- Participate in leadership opportunities at a minimum of one diocesan youth gathering (i.e. diocesan youth rally, NCYC, summer camps, Totus Tuus, Confirmation Retreat).

Deadline for Application is April 5 and will be announced by April 19, 2024.

Application can be accessed on the website: <https://diojeffcity.org/youth-council/>.



 <p>Joyful community & faith</p>  <p>Camp Lolek FOR JUNIOR HIGH</p> <p>Co-ed: June 9-14 Boys: June 16-21 Girls: July 7-11</p>	<p>Adventure Sisterhood Brotherhood Leadership</p> <div style="display: flex; justify-content: space-around;">   </div> <p>Camp Maccabee Camp Siena FOR YOUNG MEN FOR YOUNG WOMEN</p> <p>July 14-19 July 21-26</p> <p>REGISTRATION OPENS FEBRUARY 15</p>
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The [March Women's Ministry Walking Together Newsletter](#) is out. Don't miss this month's edition. Our Spring book club titles are revealed along with additional information on our upcoming Spring Pilgrimage on April 6th.

<https://diojeffcity.org/womens-ministry-newsletter-march-2024/>



Invitation to (W)holiness
nurturing body, mind and spirit as women of faith
Journeying Into the Heart of God

Saturday, March 23

8:00 - 11:00 am

Immaculate Conception Church

1206 E. McCarty St., Jefferson City

Women of all ages are invited to join together for a morning of faith enrichment and quiet reflection journeying into the heart of God during this Lenten season.

The morning will begin with the celebration of **Mass at 8 a.m.**, followed by a reflection with Fr. Matthew Flatley, Pastor of Immaculate Conception Parish.

Come listen, learn and reflect on our individual and shared journeys to (w)holiness. Together, we will explore scriptures around Martha and Mary. Are you one or the other? Perhaps a bit of both? How can we both challenge and nurture all the parts of ourselves ... all the while, striving to give our all to God.



This program is sponsored by LC's Immaculata Club.

Stewardship Conference

Saturday, April 13, 2024

Cathedral of St. Joseph - Cana Hall



DIOCESE OF
Jefferson City

SAVE THE DATE



Stewardship
GROWING OUR FAITH

Register Here



Please register by
April 9
Cost is \$20 and
includes
breakfast & lunch

SCAN ME



- 8:00 a.m. **Mass**
- 8:45 a.m. **Continental Breakfast**
- 9:15 a.m. **Most Rev. W. Shawn McKnight, S.T.D.**
Welcome
- 9:30 a.m. **Msgr. Thomas McGread (Video Presentation)**
The Story of St. Francis: How Stewardship Became a Way of Life
- 10:15 a.m. **Very Rev. John Lanzrath**
The Four Pillars of Parish Stewardship
- 11:15 a.m. **Lisa McArdle**
Stewardship in the Family
- 12:00 p.m. **Lunch**
- 12:45 p.m. **Eric McArdle**
Best Practices in Parish Stewardship
- 1:30 p.m. **Fr. Stephen Jones**
The Spirituality of Stewardship
- 2:15 p.m. **Trish Lutz**
Catholic Stewardship Renewal 2024

***There will be a short break after each presentation*

Are you new to the Parish?

If you are new to the parish, please call the office at 573-885-3520 to register or stop by so we can meet you!

Has your information changed?

If you have moved, disconnected your home phone and only use a cell, or have any other household changes, please let us know so we can update our records.

Remember – if you don't tell us – we won't know!

Mass Intentions

FOR THE WEEK

If you would like to have a Mass said, the suggested amount for the stipend is \$10. Call the office to schedule a Mass Intention, or put your stipend in an envelope with the following Information:

- Your name & phone number
- Who the Mass is for
- If they are deceased
- Specific date (if any) please specify if the intention can be on a weekday or not.

Anointing of the Sick:

Due to hospitals' strict protocols, it is important to seek the sacraments of the Anointing of the Sick and Reconciliation prior to going to the hospital. Most hospitals only allow a priest to provide the sacraments of Reconciliation and Anointing of the Sick if the patient has been placed on comfort care (hospice) or is nearing death. Please pray for the many who are ill or are home bound.

Homebound: If you would like to minister to the homebound by visiting them and bringing them Communion, please contact S. Karen 507-514-3226.


Yoga Class on Tuesdays Offered at Holy Cross:



For a small fee, Yoga Class offered on Tuesdays at HC from 5:30 - 6:30 p.m. For more information, contact Diane 314-578-1132 or Donna 573-259-6957.

"Heavenly Cleaner" Volunteers – Please Help:

Holy Cross has a group of volunteers called "Heavenly Cleaners" that clean the church each week. They are divided into teams of 2. Each team cleans the church once a month. The team is asked to freshen up the bathrooms, vacuum the floor, dust, take out trash, and sanitize. If you would be interested in helping with this ministry of the church, please call the parish office.

FlockNote 
Keep in touch with us
VIA EMAIL AND TEXT MESSAGE
Text: **crawfordcounty**
To: **84576**
OR online at: **HCross.flocknote.com**

Cemetery/ Columbarium:

Many people feel it can be a great help to their grieving family members if the desires of the deceased were planned by him/herself before the time of death. Whether cremation or burial is chosen, consider Holy Cross as yours or your loved one's final resting place. Many people are not aware that the proper practice for cremation is to place the cremains in the columbarium or bury them in the cemetery. If members of our community have the cremains of a loved one in their home, or another place other than the cemetery, they should make arrangements to give their loved ones a place to rest in the columbarium or cemetery with the proper prayers of interment.



Holy Cross Catholic Cemetery plots/niches are available whether burial or cremation is your choice. Contact Louis Raineri 573-259-8920 or the parish office for more information. Sacred Heart in Leasburg and Mount Calvary in Bourbon.

Baptisms & Weddings:



If you are planning a Baptism, there is a preparation class. Please speak with Sister Karen to schedule. If you are planning a wedding, please contact Father Dan. There is a preparation that needs to be done 6 months prior to the wedding.




Funeral Dinners:



If you are interested in helping with the funeral dinners, please call the office. You will be called upon when a funeral dinner is requested. Help with bringing food, set up, or clean up! Please consider this ministry of the church so we can provide for our grieving families.

 **Misa en español**
CADA 1º Y 3º DOMINGO DEL MES.
MASS IN SPANISH IS EVERY 1ST & 3RD
SUNDAY OF THE MONTH

ASSISTIVE LISTENING SYSTEMS AVAILABLE 
Remove from charging station.
The On button is on the top
Volume Control is on the front.
After Mass, wipe off unit and return to charging station.

 **Pope Francis Prayer Intention**
MARCH
For the New Martyrs
"We pray that those who risk their lives for the Gospel in various parts of the world inflame the Church with their courage and missionary enthusiasm."

CubaKofC Membership Invite:



The Cuba Knights of Columbus covers all of Crawford County. CubaKofC is in search of new members to help our order grow and maintain its position as the strong right hand of the Church and service to the community of Crawford County.

CubaKofC consists of the men and women volunteers. The Knights of Columbus Chapter 8920 and the Ladies Auxiliary 8920. These men and women's service helps many local organizations and individuals in need. CubaKofC helps the parishes of Crawford County and community organizations such as the food pantries, Special Olympics, and prolife organizations, as well provides community wide events such as the Kids Christmas Party.

This is a personal invitation to all men and women of our parish to come and join our CubaKofC service community. In our busy lives many people do not think they have time to add another activity. However, your commitment is to do what you can. Maybe it is helping with just one event, attending our monthly dinner social and business meeting, or helping with our Bingo fundraiser. The choice is yours, but many hands will make light work.

Help us Help Others in our parishes, school and community by inquiring into Cuba Knights of Columbus, please join us. You won't regret it. For Further information on how to join please contact District Deputy Louis Raineri at 573-259-8920 or louisraineri8920@gmail.com or Grand Rockie Radcliff at 573-885-4225.



MARCH 2024 BINGO NEWS

Thursday Nights @ 6:15 p.m. (doors open at 4)

PROGRESSIVES ~ The **Coverall Progressive** is at a big \$5,250.00 with 11 hot balls and a consolation prize of \$300.00. The **Second Progressive** will play out and pay \$500.00, \$750.00 or \$1,000.00.

QUEEN OF HEARTS ~ Our Queen of Hearts game for Bingo players should be over \$10,600.

MATCH ONE OF THESE ~ Bring your tally sheet from the previous week. Check the four numbers posted. Win a free gas card. Numbers are: **175099, 175137, 175175 and 175200.**

WEBSITE ~ Check out the KofC website cubakofc.org.

FOOD DRIVE ~ is still on. Free 3 on with every can or box of food. Help us help the Food Pantries.

BLOOD DRIVE ~ Blood Drive at the KofC hall on March 18th from 3 – 7 p.m. Walk ins welcome!

MACE'S RECEIPTS ~ Collecting Mace's Supermarket Receipts, please save them and drop them in the jar on the table by the caller.



Altar Society meets every 2nd Thursday of the month at the Holy Cross Parish Hall. This organization coordinates and works on fundraising events that support our parish, school and youth group. They also help supply the liturgical needs of the parishes. All are welcome to attend and join! Please contact Christy Moreland for more information.

HOLY CROSS CATHOLIC SCHOOL

Grades: PreK – 3rd grade.

HC School is an accredited school with Missouri certified teachers. It offers a Diocesan-developed curriculum in a Christian private school setting. HC School offers Title 1 tutoring for qualifying students. HC school has small class sizes and spacious classrooms. Please contact Mrs. Osentoski for a tour or to register your child.



Check out our Facebook Page

<https://www.facebook.com/cubamoschools>

facebook **Holy Cross School**

HOLY CROSS CATHOLIC SCHOOL

Earn Cash for Our School!

Support Holy Cross without spending anything extra!

- Turn in your **Mace Supermarket Receipts**. The school receives 1 point for each \$1 on the receipt. (September – March)
- Turn in used **ink cartridges**. Given to Staples to recycle, the school receives \$2 for each cartridge, up to \$40 a month!
- Turn in **Best Choice UPC codes** found on the labels. Each UPC code is redeemable for 3¢ cents each.

Please deposit your Mace's receipts, Best Choice UPC codes, and ink cartridges in the collection box in the church entrance or bring to the parish office.

Are you VIRTUS certified?

Do you have your background check completed?

Have you signed the Code of Conduct?

If you are not sure, or answered “no” to any of these questions, let us know!

Call or email Michelle in the office to find out if you are VIRTUS compliant! 573-885-3520 or hcccuba@gmail.com

All volunteers and all school parents (both parents) must to be VIRTUS compliant prior to volunteering or your child starting school.

Please help us, keep our children safe. The training provides us the knowledge on how to recognize signs of abuse and what to do if we suspect abuse happening. If we ALL are certified and have the training, the likelihood of a child being harmed is greatly reduced.

Call the office if you would like to have an in-person VIRTUS class, or go to www.virtusonline.org to register and take the 2-hour class online.

If you or a family member have experienced abused in the past, please contact our victim assistance coordinator through the Diocese, Jacqueline Baldwin at 573-694-3199.

KEEPING OUR PROMISE
TO PROTECT
Child and Youth Protection



Breaking the Silence of Abuse:

As a diocese, we are committed to breaking the silence of abuse. When someone is reporting abuse, we must



acknowledge their pain and how difficult it is to talk about it. False allegations are very rare. Our initial response to someone who is

disclosing abuse for the first time must be compassionate. For those who need to report abuse, encourage them to contact our Victims Assistance Coordinator, Jacqueline Baldwin, (573-694-3199) and to make use of the appropriate State of Missouri hotline (1-800-392-3738) or the [Attorney General's clergy abuse online form](#). All of this information is also on our website, under the 'report abuse' tab. For those who want information, or want you to convey a message to Bishop McKnight, please encourage them to write to us at reportabuse@diojeffcity.org.



Need Support Now? If you or someone you know is struggling or in crisis, help is available. Call or text 988 or chat 988lifeline.org.

Online Counseling Services:

Catholic Charities Counseling services is now providing professional in-person and online therapy across the Diocese of Jefferson City. To learn more simply visit

cccnmo.diojeffcity.org/counseling



QUILTING GROUP

EVERY TUESDAY

9:00 A.M. - 12:00 P.M.

AT ST. MICHAEL'S

The Crawford County Parishes quilting group meets at St. Michael in Steelville every Tuesday from 9:00 a.m. - 12:00 p.m. Currently they are working on a quilt in a frame which they are hand quilting. They also are tying lap size quilts to be given to nursing homes, shelters, and veterans. Some of the members are also crocheting blankets. Please come join them, as many hands make light work and they will be able to serve many more people with your help! Contact Lil Collins at 314-779-4541 for more information or just come down and join them! No experience is necessary!

Service Opportunity in Our Community:

Drivers are needed to drive veterans to the VA hospital in Columbia MO. The local DAV (Disabled American Veterans) have the vehicles. Drivers do not have to be veterans. This is unpaid. You do get free meals! Call 885-1390 or 885-3680 to volunteer or for more info. Veterans needing a ride, call 885-1390 to schedule.



Ministerial Alliances and the Food Pantries:

In Cuba, the Cuba Ministerial Alliance (CMA) “runs” the food bank and cooperates with the Life Line Pregnancy Center.

Holy Cross has a St. Martin De Porres envelope to help the poor. The monies collected from this fund help support the Cuba Food pantry.

Crawford Country Mobile Food Market

3rd Tuesday of each month
Begins at 10:30 a.m. at the
Cuba Food Pantry

Local Food Pantry Hours:

Cuba: (573-885-6703)

Thursdays 8:00 a.m. – 12:00 p.m. & 3:30 p.m. – 6:00 p.m.

Fridays 8:00 a.m. – 12:00 p.m.

Steelville: (573-775-4827)

Last 2 Tuesdays of the month hours: 2-4 p.m.

Bourbon: (573-732-4888)

Saturday 9-12pm.

Thrift shop: Mon. Tues. & Thur. 9-4p.m. and Sat. 9-12p.m.

Feed the Hungry:

Our Local food banks are in need of food. The cost of food has gone up! To help, there is a “food basket” in the entryways of our churches. Please bring nonperishable food items and place them in the baskets. The food items will be sent to the 3 food pantries in our three towns.



**Always looking for
volunteers!
Call today to help!**

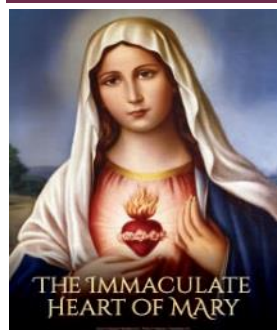
Civilize it!

Our political discourse has become increasingly rancorous and bitter. The U.S. bishops began a campaign leading into the 2020 election to restore civility to our public and political discourse



called Civilize It: Dignity Beyond the Debate. The Missouri Catholic Conference highlighted the campaign last year with a special episode of MCC from the Capitol with Archbishop Mitchell Rozanski. This year, the U.S. bishops are again challenging the faithful to answer Pope Francis' call to seek "a better kind of politics, one truly at the service of the common good." Civilize It: A Better Kind of Politics encourages people to commit to seeking the truth, building bridges, and finding solutions together that promote the common good. Individuals can sign the pledge, and sign up to receive additional materials, by visiting the USCCB Civilize It webpage. www.usccb.org/civilizeit

Prayer to the Immaculate heart of Mary:



O Immaculate Heart of Mary, we entrust ourselves to you, Health of the Sick. At the foot of the Cross, you participated in Jesus' pain, with steadfast faith. Patroness of the Diocese of Jefferson City, you know what we need. We are certain of the power of your intercession, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial. Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us: He who taught us to "love one another, as I have loved you" took our sufferings upon Himself and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Bring under your mantel of protection all who provide care for the sick and minister to their needs, as your Son implores us to do for one another.

V. We seek refuge under your protection, O Holy Mother of God.

R. Do not despise our pleas and deliver us from every danger, O glorious and blessed Virgin. Amen.



The God Minute is a short, daily Christian prayer that includes peaceful music, scripture and a reflection to bless your day with the Lord. It's only 10 minutes. Take a few God Minutes each morning and see how your day rises in abundance. A Catholic devotional by the Congregation of the Mission - the Vincentians.

<https://www.thegodminute.org/wix-podcast-player>

Jefferson City Diocesan Women's Ministry:

The Women's Ministry of Jefferson City was established to help the women of our diocese connect with each other so that we can support each other in our spiritual journeys. We find inspiration and comfort in praying with each other, in talking with each other, and in sharing the stories of our faith journeys.



<https://diojeffcity.org/womens-ministry/>

For opportunities to get involved in the ministry, please contact Barb Prasad, Director of Women's Ministry at bprasad@diojeffcity.org or (573) 635-9127 ext. 222

"Like" the Women's Ministry page on Facebook to keep up with events and news, and to get to know women in your parish and deanery.

www.facebook.com/profile.php?id=100070216385915

Please Listen to the Diocese of Jefferson City Podcast.

Prayer is how we orientate ourselves as stewards of God's gifts. In this month's podcast, we continue our discussion with Fr. Stephen Jones about the Four Pillars of Stewardship.



Podcast Topic Schedule:

- Hospitality - July
- Prayer - August
- Formation - September
- Service - October



These series are designed to help us deepen our understanding of the Spirituality of Stewardship as we approach the Catholic Stewardship Renewal in **October**. Listen to the podcast at <https://diojeffcity.org/podcast/> or use the QR code above.



"Have no anxiety at all, but in everything, by prayer and petition, with thanksgiving, make your request known to God." Philippians 4:6

FOR YOUR MARRIAGE

Preparing for a Great Marriage:

The Catholic Church teaches that marriage is a covenant, a contract and a bond between a man and a woman that forms a partnership for life. The marriage bond is a unique and exclusive relationship between husband and wife for the sanctification of the couple and for the procreation and Christ-centered nurturing of children in a family.

The family, with its foundation in marriage, is a fundamental unit of the Church. Marriage is also a basic social institution of human society. Marital love is at the service of the couple, the children, the community, and of the world. Because of its timeless importance, the Church teaches that marriage between two baptized Christians is a sacrament, a source of grace and a sign of God's love for the world.

Every sacrament needs preparation for its fruitful celebration. The Church wants to ensure that those entering the life-long commitment of marriage are adequately prepared for the riches and the responsibilities that are intrinsic to it. This is why the Diocese of Jefferson City has a policy for marriage preparation. It is not to make the couple "check the boxes" or "jump through hoops." In her efforts of remote, proximate and immediate preparation, the Church is not trying to make it more difficult to get married, but rather provide the best opportunity for equipping the couple to live a shared life of love, compassion and nurturing grace.



Marriage Resources:

Marriage preparation – USCCB –

www.usccb.org/topics/marriage-and-family-life-ministries/marriage-preparation

Sexuality –

www.archstl.org/marriage-family-life/resources/sexuality

Natural Family Planning - www.diojeffcity.org/natural-family-planning-2/

Pre-Marriage Inventory © is a comprehensive, user-friendly tool for lay individuals, couples or professionals who are helping couples prepare for marriage, and who become trained as FOCCUS Facilitators.

www.foccusinc.com/focus-inventory.aspx

Prepare/Enrich provides training for premarital counseling, coaching, and education, investments in your couples' futures. www.prepare-enrich.com

Pre-Cana is one component of the marriage preparation options available to couples that are considering marriage within the Catholic Church. The conference itself consists of presentations by couples and individuals on topics that are a practical as well as a spiritual nature. www.diojeffcity.org/marriage-preparation/pre-cana-registration/

Engaged Encounter: is a weekend with other engaged couples where each couple can concentrate exclusively on one another, free of the tensions, pressures and interruptions of the world. It is designed to give engaged couples the opportunity to discuss honestly their future



lives together — their strengths and weaknesses, desires, goals, ambitions, their attitudes about money, sex, family, children, their role in the church and society — in a face-to-face way. Engaged Encounter is designed to deepen and enrich your relationship with each other. All engaged couples are welcome, including interfaith couples and those entering a second marriage. For a list of available weekends, to register, or for more information, visit

www.diojeffcity.org/marriage-preparation/engaged-encounter



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